### **YOUTH CONFIRMATION AND INTERCENERATIONAL MENTORING** with the Rev. Kate Siberine

• "I just hope that it will help me start to build a personal relationship with Jesus and God because it's just a really hard thing to start if you're just thinking about it by yourself and it's really good to connect with people and to try to build on that throughout your life. So I feel like it's really a start or more deep thinking about religion. Like not just go to class, get confirmed, and be done, but it's really the start of making your religion the center of your life and really helping it drive you."- Teen Confirmand

 "Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you."- Philippians 4:9



# What is a mentor?



"First, the mentor is someone with greater experience or wisdom than the mentee.

Second, the mentor offers guidance or instruction that is intended to facilitate the growth and development of the mentee.

Third, there is an emotional bond between mentor and mentee, a hallmark of which is a sense of trust."

Karcher, Michael J. and David L. DuBois. *Handbook of Youth Mentoring*. Thousand Oaks, Calif: SAGE Publications, 2005, 3.



#### LUKE 10:25-37

Just then a lawyer stood up to test Jesus. 'Teacher,' he said, 'what must I do to inherit eternal life?' He said to him, 'What is written in the law? What do you read there?' He answered, 'You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbor as yourself.' And he said to him, 'You have given the right answer; do this, and you will live.'

But wanting to justify himself, he asked Jesus, 'And who is my neighbor?' Jesus replied, 'A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend." Which of these three, do you think, was a neighbor to the man who fell into the hands of the robbers?' He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'



"Spiritual mentoring is an age-old Christian tradition, a calling and a gift more common then perhaps previously thought. It depends more on mutuality, reciprocity, and friendship, than direction given from "the top down" or a relationship with someone who supposedly has all the answers while the other is only a passive recipient of such wisdom."

Sellner, Edward C. *Mentoring: The Ministry of Spiritual Kinship*. Notre Dame, Ind.: Ave Maria Press, 1990, xii.











### MENTORING AS MUTUALLY BENEFICIAL

"Mentors and apprentices are partners in an ancient human dance, and one of teaching's great rewards is the daily chance it gives us to get back on the dance floor. It is the dance of the spiraling generations, in which the old empower the young with their experience and the young empower the old with new life, reweaving the fabric of the human community as they touch and turn."

- Parker Palmer



#### Best practices



## RECRUITMENT.

Recruit appropriate mentors and mentees by realistically describing the program's aims and expected outcomes.

# SCREENING:



Screen prospective mentors to determine whether they have the time, commitment, and personal qualities to be a safe and effective mentor and screen prospective mentees, and their parents or guardians, about whether they have the time, commitment, and desire to be effectively mentored.

### TRAINING.



Train prospective mentors, mentees, and mentees' parents (or legal guardians or responsible adult) in the basic knowledge, attitudes, and skills needed to build an effective and safe mentoring relationship using culturally appropriate language and tools.



MATCHING AND Machinettors Nomentees, and initiate the mentoring relationship using strategies likely to increase the odds that mentoring relationships will endure and be effective.





**Notified Dependence** relationship milestones and enlid safety, and support matches through providing ongoing advice, problem-solving, training, and access to resources for the duration of each relationship.

## CLOSURE:



Facilitate bringing the match to closure in a way that affirms the contributions of the mentor and mentee, and offers them the opportunity to prepare for the closure and assess the experience.

